



NORTH CAROLINA
DANCE THEATRE
performing inspiring educating

Ballet Slippers



Ballet slippers: soft, pliable leather or canvas shoes that show the movements of the feet clearly.



Male dancers also wear **ballet slippers:** soft, pliable leather or canvas shoes that show the movements of the feet clearly.

Pointe Shoes



Pointe shoes: special shoes worn by women which enable them to stand on the tips of their toes. Pointe shoes are made of a plaster toe box that supports the toes and a wooden shank that supports the bottom of the foot. The outside is a satin fabric, and the shoes are held on the foot by elastic and ribbons.



Pointe shoes